

About  
Dr. Rajesh Shah, M.D.(Hom.)  
Dr. Rupal Shah, M.D.(Hom.)



Drs. Shah practice in Mumbai, India. They have studied homeopathy intensively for over twenty years. They are internationally acclaimed physicians and teachers. Over the years they have conducted seminars and workshops for the practitioners and the students in England, Holland, Belgium, Czech Republic, Greece, Sweden, U.S.A., Ireland, Croatia, Norway, Japan etc.

They are directors of Homeopathy India Pvt. Ltd, Homeopathy India Foundation editors of Homeopathy Times. Dr. Rajesh Shah has authored My Experiences with Ferrum Metallicum, (1992) a research based publication. Dr. Shah couple has written book Lichen Planus and its Homeopathic Treatment (2003) and Urticaria and its Homeopathic Treatment (2008). Dr. Rajesh was an honorary visiting lecturer and physician at CMPH Medical College and Hospital, under Bombay University. He has contributed many scientific papers on homeopathy, published in various international journals. Dr. Shah has researched on new medicine molecules and has international patents to his credit.

Dr. Rajesh has been featured in the India Book of Records for treating patients from 157+ countries.

### Life Force Center:

Research based  
Homoeopathy

One of the largest homeopathic centers, one of its kind in the world, Life Force is run by Homoeopathy India Pvt. Ltd., the first ISO 9001:2000 certified global homeopathic center with an attached research wing. Life Force offers the best possible homeopathic treatment protocol to the global community. It is involved in global practice, scientific research, promotion and medical training to the doctors from all parts of the world.

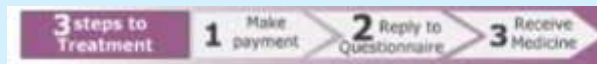


### Homeopathy Treatment by Post:

Many patients may not be able to visit our center in person; nor may they have an access to the internet to get treated online. Life Force offers treatment by post and over the phone. You may sign up by calling our clinic and get a special questionnaire posted / e-mailed / faxed. Along with the reply to the questionnaire, it will help if you also send in the photos of the affected parts, for Dr Shah's evaluation. Your case may also be taken by one of our doctors over the phone. After that, Dr Shah will study your case and medicine will be sent to you by post, anywhere in the world.



### Homeopathy Treatment On-line:



Life Force has pioneered a protocol of the Homeopathic Treatment On-line, since 1995. With constant interaction with our family of patients from 145+ countries, we have been able to design an effective method of treating patients from anywhere in the world, having minimized the limitation of distance.

### Our online Support System:

The online treatment is supported by a team of professionals under care of Dr Rajesh Shah. Our patients all over the world have an easy access to our clinic by personal visit (Monday through Saturday), by e-mail (24/7), by live web chat from our web sites (11 hours per day, Monday through Saturday), by post, by toll free number (USA, Canada), Call back facility from most countries. Before starting the treatment as well as throughout the course of online treatment, you can communicate with Dr Shah and his team, for assistance and guidance.

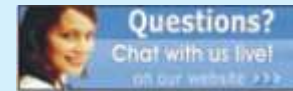


Explore homeopathy through our websites



Our websites are also available in 7 international languages including: English, Hindi, Spanish, French, Japanese, Chinese and Arabic.

For more information, case studies, testimonials on Respiratory Disorders please explore our web site devoted to this ailment:



### General web sites

AskDrShah.com e-homoeopathy.com  
lifeforce.in classicalhomoeopathy.com

### Disease-specific web sites

AlopeciaAreata.us AnxietyNeurosis.com  
Asthma.net.in AsthmaticBronchitis.com  
AtopicDermatitis.us CervicalSpondylitis.us  
Chalazion.com EczemaTreatment.us  
e-Hepatitis-C.com e-Psoriasis.com  
Fissure-in-ano.com FrequentColds.com  
GERDtreatment.us HairFalling.com  
IrritableBowelSyndrome.us LessPain.us  
Leucoderma.com LichenPlanus.com  
MigraineTreatment.us NephroticSyndrome.com  
Prostatitis.com SaveTonsils.com  
Sleeplessness.us Skin.ae  
TrigeminalNeuralgia.us UlcerativeColitis.us  
UnderActiveThyroid.com Urticaria.com

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ISO 9001:2000 Certified  
Global Clinic with a  
Research Center

### Life Force Center

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# Respiratory Disorders and their Homeopathic treatment



## Respiratory disorders



The Respiratory diseases are those which relate with the organs such as nose, throat, ears, wind-pipe (bronchi) and the lungs. Most respiratory disorder tend to be chronic and recurring; treated conventionally by using antibiotics, anti-allergics, bronchodilators and cortisone; that too for many weeks to many years.

Homeopathy has an established alternative treatment for most of the respiratory diseases whereby frequent and prolonged use of chemical based medicines could be avoided or reduced in most cases, and lasting recovery may be achieved. Some of the names could be listed as under:

- a. Frequent colds
- b. Recurrent Tonsillitis
- c. Enlarged adenoids
- d. Recurrent Pharyngitis and Laryngitis
- e. Recurrent ear infection (Otitis Media)
- f. Vocal cord polyp (Hoarseness of voice)
- g. Sinusitis
- h. Allergic Bronchitis
- j. Allergic cough
- i. Bronchial Asthma (Adults)
- k. Child asthma

We shall talk about only some of the conditions. For other ailments, please refer to our website.

**a. Frequent colds:** Very common ailment, caused by allergy or infection, found more among children, not uncommon in adults. Homeopathy offers a proven treatment which reduced frequently severity and intensity of frequent colds.

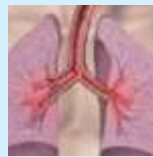


Frequent colds result from lowered immunity; present with poor appetite and an inability to gain weight. It has been documented innumerable times that after homeopathic treatment children not only have less frequent colds but they also improve health, reflected by weight gain. (Check our website: FrequentColds.com)

**b. Tonsillitis:** Recurring infections of tonsils often suggests poor immunity, which can be treated with success using homeopathy. Surgical removal of tonsils may be avoided in most cases. (Check our website: SaveTonsils.com)



**c. Enlarged adenoids:** Adenoids are spongy tissues inside nose, similar to tonsils, which tend to get swollen due to infection or allergies; leading to blocked nose. Children would tend to breathe through mouth if the adenoids are much swollen. Homeopathy helps to treat the underlying infection, allergies and thus reduce swelling of adenoids. It can help avoid surgical removal of adenoids in most cases, especially if the adenoids are not huge in size.



**d. Asthma in adults:** Asthma is one of the most common chronic diseases that humans suffer with. Asthma may present with occasional or more frequent or daily episodes of breathlessness (with or without cough and sputum) of varying intensity. Asthma is caused by hypersensitivity of your lung tissues to the environment especially due to defective immune system, whereby the lung tubes go into a spasm, get inflamed leading to cough, difficulty in breathing and mucus production.

Homeopathy has an excellent approach to the treatment for asthma; whereby it targets the immune system, reduces the symptoms, minimizes the frequency and severity of attacks. It also makes patient's system tolerant in such a way that one is able to face the changes in environment and weather without getting affected as much. (Check our website: Asthma.net.in)

It is a common experience of the patients using homeopathy for asthma that their need to take conventional medicines such as inhalers (bronchodilators) and cortisone shots reduce drastically. Except for acute and severe attacks of asthma, which may call for critical care, homeopathy is a boon for all asthmatics.

**e. Childhood asthma:** Asthma in children is prevalent all over the world. Children presenting with cough and cold with bouts of wheezing has become common among rich and poor families. Inhalers have entered most houses that have children suffering with asthma.



Homeopathy comes as a blessing to asthmatic children. It is absolutely safe, and equally effective which shows perceptible improvement in about eight weeks in most cases. Parents report that the need for bronchodilators, antibiotics, cortisone and cough syrup keep on decreasing after starting with homeopathy. (Check our website: AsthmaticBronchitis.com)

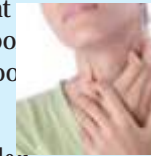
**f. Allergic Bronchitis, Allergic Cough:**

Allergies affecting the upper and lower bronchial tree are common, and present with peculiar allergic cough, which may be dry, metallic and annoying. Anti-allergic medicines may help but temporarily. Homeopathy has an effective treatment for a range of respiratory allergies and allergic coughs.



**g. Sinusitis:** The hollow space between the skull bones, called sinus, when get inflamed and infected, present with a nasty condition called sinusitis, where patient experiences congestion of nose and face, thick yellow nasal discharge, fever and headache. Antibiotics might help but would not stop the recurrence. Homeopathy will help such cases significantly.

**h. Throat related conditions:** Recurrent and chronic inflammation of voice box (Laryngitis) and pharyngitis find good treatment using homeopathy.



Grain size tumor of the vocal cord, called as vocal cord polyp, presenting with hoarseness of voice, finds interesting treatment using homeopathy and delicate surgery often becomes avoidable in many cases.

**i. Other respiratory conditions and role of homeopathy: This list is not exhaustive.**

1. Chronic obstructive pulmonary disease (COPD): This group of disorders includes conditions such as Emphysema and Chronic bronchitis. COPD is largely an irreversible condition that can find a supportive therapy using homeopathy, and no cure.
2. Bronchiectasis: This condition has irreversible dilatation and collapse of the bronchial tubes, leading to impaired air pressure and difficulty in removal of secretion of sputum. Homeopathy can help to control cough and infection; cannot cure.
3. Infections: Homeopathy is especially indicated in recurring and prolonged infections.
4. Pulmonary fibrosis: For this obstinate and irreversible condition, homeopathy helps to control cough, mucus secretion and difficulty in breathing to certain extent.
5. For Malignancies of respiratory tract Homeopathy does not have a great role.

## Testimonials



My daughter who suffered from childhood asthma has been completely cured through your treatment and we are very grateful to you and your team.

- Father of baby B, Kuwait

This is regarding Akash's treatment for his asthma. He seems to show a considerable amount of improvement. Thank you so much.

- Mother of Master A. C., NJ, USA

I would like say thank you for treating my tonsillitis. In less than 4 months, "I can say I'm cured already".

- Mr. Joseph Co Mui, Quezon city, Philippines

I had colds, one after the other before I started on this treatment and since I started taking it, I have had not even one sign of the colds I used to have before. There is not one doubt in my mind that your treatment has helped me. Thank you more than I can say!!!

- Sharon Monarko, Oregon, USA

My child had frequent cold. The ENT surgeon suggested removing his adenoids. We did it. However, his colds did not improve much. He then suggested removing the tonsils. I did not agree to it and looked around for the alternative. I found Dr. Shah's clinic. Now, my child is almost free from the attacks of infections and his tonsils are saved!

- Mrs. Lucia Picardo, India

I started homeopathic treatment for asthma because I was not getting any relief with allopathic treatment, which I had taken right since the beginning of my asthma 4 years back. After taking homeopathy for about 7-8 months there has been significant improvement in my problem.

- Asad Khan, India