

## About

Dr. Rajesh Shah, M.D.(Hom.)  
Dr. Rupal Shah, M.D.(Hom.)



Drs. Shah practice in Mumbai, India. They have studied homeopathy intensively for over twenty years. They are internationally acclaimed physicians and teachers. Over the years they have conducted seminars and workshops for the practitioners and the students in England, Holland, Belgium, Czech Republic, Greece, Sweden, U.S.A., Ireland, Croatia, Norway, Japan etc.

They are directors of Homeopathy India Pvt. Ltd, Homeopathy India Foundation and editors of Homeopathy Times. Dr. Rajesh Shah has authored My Experiences with Ferrum Metallicum, (1992), a research based publication. Dr. Shah couple has written book Lichen Planus and its



Homeopathic Treatment (2003) and Urticaria and its Homeopathic Treatment (2008). Dr. Rajesh was an honorary visiting lecturer and physician at CMPH Medical College and Hospital, under Bombay University. He has contributed many scientific papers on homeopathy, published in various international journals. Dr. Shah has researched on new medicine molecules and has international patents to his credit.

Dr. Rajesh has been featured in the Guinness Book of Records for treating patients from 157+ countries.

## Life Force Center:

Research based  
Homoeopathy

One of the largest homeopathic centers, one of its kind in the world, Life Force is run by Homoeopathy India Pvt. Ltd., the first ISO 9001:2000 certified global homeopathic center with an attached research wing. Life Force offers the best possible homeopathic treatment protocol to the global community. It is involved in global practice, scientific research, promotion and medical training to the doctors from all parts of the world.



## Homeopathy Treatment by Post:

Many patients may not be able to visit our center in person; nor may they have an access to the internet to get treated online. Life Force offers treatment by post and over the phone. You may sign up by calling our clinic and get a special questionnaire posted / e-mailed / faxed. Along with the reply to the questionnaire, it will help if you also send in the photos of the affected parts, for Dr Shah's evaluation. Your case may also be taken by one of our doctors over the phone. After that, Dr Shah will study your case and medicine will be sent to you by post, anywhere in the world.



## Homeopathy Treatment On-line:



Life Force has pioneered a protocol of the Homeopathic Treatment On-line, since 1995. With constant interaction with our family of patients from 157+ countries, we have been able to design an effective method of treating patients from anywhere in the world, having minimized the limitation of distance.

## Our online Support System:

The online treatment is supported by a team of professionals under care of Dr Rajesh Shah. Our patients all over the world have an easy access to our clinic by personal visit (Monday through Saturday), by e-mail (24/7), by live web chat from our web sites (11 hours per day, Monday through Saturday), by post, by toll free number (USA, Canada), Call back facility from most countries. Before starting the treatment as well as throughout the course of online treatment, you can communicate with Dr Shah and his team, for assistance and guidance.



Explore homeopathy through our websites



Our websites are also available in 7 international languages including: English, Hindi, Spanish, French, Japanese, Chinese and Arabic.

For more information, case studies, testimonials on Ulcerative Colitis, please explore our web site devoted to this ailment: [UlcerativeColitis.us](http://UlcerativeColitis.us)



## General web sites

AskDrShah.com e-homoeopathy.com  
liforce.in classicalhomoeopathy.com

## Disease-specific web sites

<a href="http://AlopeciaAreata.us">AlopeciaAreata.us</a>	<a href="http://AnxietyNeurosis.com">AnxietyNeurosis.com</a>
<a href="http://Asthma.net.in">Asthma.net.in</a>	<a href="http://AsthmaticBronchitis.com">AsthmaticBronchitis.com</a>
<a href="http://AtopicDermatitis.us">AtopicDermatitis.us</a>	<a href="http://CervicalSpondylitis.us">CervicalSpondylitis.us</a>
<a href="http://Chalazion.com">Chalazion.com</a>	<a href="http://EczemaTreatment.us">EczemaTreatment.us</a>
<a href="http://e-Hepatitis-C.com">e-Hepatitis-C.com</a>	<a href="http://e-Psoriasis.com">e-Psoriasis.com</a>
<a href="http://Fissure-in-ano.com">Fissure-in-ano.com</a>	<a href="http://FrequentColds.com">FrequentColds.com</a>
<a href="http://GERDtreatment.us">GERDtreatment.us</a>	<a href="http://HairFalling.com">HairFalling.com</a>
<a href="http://IrritableBowelSyndrome.us">IrritableBowelSyndrome.us</a>	<a href="http://LessPain.us">LessPain.us</a>
<a href="http://Leucoderma.com">Leucoderma.com</a>	<a href="http://LichenPlanus.com">LichenPlanus.com</a>
<a href="http://MigraineTreatment.us">MigraineTreatment.us</a>	<a href="http://NephroticSyndrome.com">NephroticSyndrome.com</a>
<a href="http://Prostatitis.com">Prostatitis.com</a>	<a href="http://SaveTonsils.com">SaveTonsils.com</a>
<a href="http://Sleeplessness.us">Sleeplessness.us</a>	<a href="http://Skin.ae">Skin.ae</a>
<a href="http://TrigeminalNeuralgia.us">TrigeminalNeuralgia.us</a>	<a href="http://UlcerativeColitis.us">UlcerativeColitis.us</a>
<a href="http://UnderActiveThyroid.com">UnderActiveThyroid.com</a>	<a href="http://Urticaria.com">Urticaria.com</a>

LifeForce  
H O M E O P A T H Y



World's first  
ISO 9001:2000 Certified  
Global Clinic with a  
Research Center

## Life Force Center

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Time: 9.00 a.m. to 8.00 p.m.

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LifeForce  
H O M E O P A T H Y

Research based  
Homoeopathy

# Ulcerative Colitis

healing from within  
through  
Homeopathy



what you need  
to know about  
**Ulcerative Colitis?**



## What is Ulcerative Colitis?



Ulcerative colitis (UC) is one of the inflammatory bowel diseases (IBD), where the large intestine (colon) gets inflamed or ulcerated. UC is related and similar to Crohn's disease.

In ulcerative colitis, the inflammation of the inner lining (mucosa) of the colon (large intestine) causes death of the lining cells which results into sores or ulcers. As the lining of the colon is destroyed, ulcers are formed, releasing mucus, pus and blood. In addition, the inflammation makes the colon to empty frequently resulting in diarrhoea or loose motions.

The inflammation related to ulcerative colitis usually occurs in the rectum and lower part of the colon, but it may affect the entire colon. Depending upon which portion of intestine is most affected by UC, there are various types as follows:

- Ulcerative Proctitis: Inflammation of Rectum
- Procto-Sigmoiditis: Inflammation of Rectum and Sigmoid colon
- Left-sided colitis: Inflammation of entire left side of colon (descending colon)
- Pan-colitis: Inflammation of entire colon

## Causes of Ulcerative Colitis:

These may be categorised into internal (Intrinsic) and external (Extrinsic) causes, which either induce or trigger UC. In most cases, more than one factor is responsible.

No.	Internal factors	External factors
a.	Auto-immune	Certain drugs ((Isotretinoin used for acne), NSAIDs (pain killers) and antibiotics)
b.	Genetic	Infections
c.	Allergy	Food (Low dietary fibre)
d.	Psychosomatic	

## Symptoms of Ulcerative Colitis:

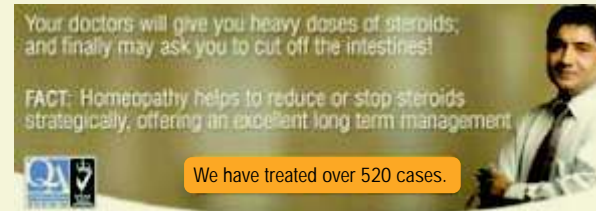
Ulcerative colitis can produce symptoms ranging from mild to disabling symptoms. It is a chronic and recurring disease. There may be disease-free periods (remission) in the normal course of UC. Few of the common symptoms of UC are as follows:

- 1) Diarrhoea: Increased frequency of loose stools
- 2) Mucus/pus/blood with stools
- 3) Tenesmus: Painful urge to defecate, especially during the acute stage
- 4) Nausea, vomiting and pain in the abdomen
- 5) Fever, fatigue and weakness

## Homeopathic treatment of Ulcerative Colitis:

The homeopathic medicine works at the immunity level, correcting the altered immune state, bringing it to normalcy. Homeopathy addresses the immune system, the allergic elements, the genetic tendency, takes into account the psychosomatic factors as well as treats the symptoms such as inflamed and ulcerated colon, loose stools, minimizes blood lost in stools, reduces inflammation of intestine and assists in healing of ulcers.

Homeopathic medicines improve absorptive capacity of intestine and improve nutrition and nourishment. With immunological deviations coming back to normalcy, chances of relapse and recurrence reduce with prolonged homeopathic treatment.

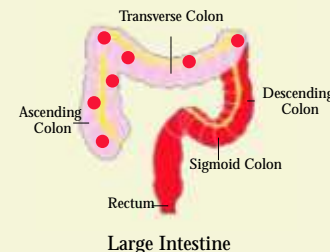


## Success with homeopathy:

Homeopathic treatment aims at taking the patient to a prolonged to permanent remission. The success depending on (a) Chronicity of UC (b) Extent of disease (c) Past treatment: Prolonged use of cortisone or immunosuppressive medicines may hamper success. (d) Patients vitality. We have achieved reasonably good success, especially in early and moderate cases. Extensive and very chronic cases throw challenge. Homeopathy also helps to strategically reduce the need for cortisone and offers excellent long term management. Homeopathy is strongly recommended during all stages of UC.

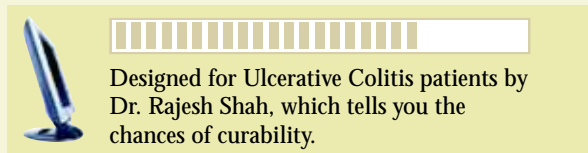
## Understanding Ulcerative Colitis:

An illustrative presentation on understanding Ulcerative Colitis has been developed by Life Force, which may be examined on the internet, at:  
<http://www.ulcerativecolitis.us/app/understanding/flash.htm>



## Check your chances of curing Ulcerative Colitis:

In order to check out the chances of cure of your Ulcerative Colitis with homeopathy, you may conduct an online test on the following link on the internet  
<http://www.ulcerativecolitis.us/app/curability-register.asp>



## Testimonials



I have had such amazing success with your homeopathic for my colitis. Thank you so much, I do not know how I would do without it!

- A. A., UK

I have been taking your medicine for approximately 3 months now and I must admit that it has helped me a lot. I feel much better now in terms of frequency of stools, formation of stools, blood, mucus, etc.

- Mr. D. G., Berkshire, UK

I was successfully treated by you and your clinic in 2005 for Ulcerative Colitis. I have not had any occurrence since my treatment, and I am eternally grateful to you and your clinic.

- S. G. C., IL, USA

I had been suffering from ulcerative colitis since last 14 years but since I have taken your globules there has been absolutely no bleeding at all and I am close to normal daily bowel movements. Previously I used to have painful bowel movements with passage of blood but not any more. I am so happy that my ailment is under control. I can't believe the results, it's so wonderful. Thank you very, very much.

- Lauren Coronel, USA

I have felt very comfortable, relaxing and very excellent. It is a great experience for me to come over here. I am very happy about this system, doctors & medicines. I have also been able to stop steroids after starting Homeopathic treatment and I am very glad about this.

- Dr. N. K., Mumbai, India



To examine our web site:  
[www.ulcerativecolitis.us](http://www.ulcerativecolitis.us)