

The cover features a photograph of two volleyball players in a red and purple uniform reaching for a ball over a net. The background is a vibrant, abstract pattern of orange, yellow, and blue. On the left side, there are large, stylized, overlapping letters in purple and pink, including 'P', 'D', 'H', 'E', 'A', 'L', 'T', 'H', 'E', 'D', 'U', 'C', 'A', 'T', 'I', 'O', 'N'.

2nd edition

Outcomes

PERSONAL DEVELOPMENT,
HEALTH & PHYSICAL EDUCATION
HSC COURSE

Ron Ruskin
Kim Proctor
David Neeves

JACARANDA

All about homoeopathy — what you always wanted to know

By DR RAJESH SHAH and DR RUPAL SHAH

What is homoeopathy?

Homoeopathy (= homeopathy) is an alternative method of treatment, based on the nature's Law of Cure, namely 'like cures like'. The truth of this law was discovered by a German scientist Dr Samuel Hahnemann in 1796, and has been verified experimentally and clinically for 200 years.

Homoeopathy is the revolutionary, natural medical science. Homoeopathy is a gentle and effective system of medicine. The remedies are prepared from natural substances to precise standards and work by ailments stimulating the body's own healing power.

Why should homoeopathy be the first choice of therapy?

Homoeopathy is a highly scientific, logical, safe, quick and extremely effective method of healing. It offers long lasting to permanent cure, treating the disease from its roots, for most of the ailments.

Homoeopathy is the most rational science with respect to its concepts of health, disease and cure. Homoeopathy does not treat superficially by just driving away the symptoms but heals the patient from within. Undoubtedly, homoeopathy is the research medicine of the future.

Homoeopathy: the holistic medicine

The concept of disease in homoeopathy is that disease is a total affection [sic] of mind and body,

the disturbance of the whole organism. Individual organs are not the cause of illness but disturbance at the inner level (disturbance of the life force, the vital energy of the body) is the cause of illness.

Therefore homoeopathy does not believe in giving different medicines for different afflicted parts of the body but rather gives one single constitutional remedy which will cover the disturbance of the whole person. Homoeopathy treats the patient as a whole and not just the disease.

Medical philosophy is coming more and more to the conclusion that the mere treatment of symptoms and organs can only help temporarily and that it is the healing power of the body as a whole that has to be enhanced. Homoeopathy is an holistic, totalistic and individualistic approach.

Homoeopathy: magic of minimum dose

Homoeopathy has a unique approach with the method of preparation of the drugs in which the end result will contain only the 'dynamic curative power' of the drug substance, devoid of any original crude substance.

By a special mode of preparation called 'potentisation', over 2500 homoeopathic medicines are prepared from sources such as vegetables, animals, minerals, chemicals, etc. Thus, homoeopathic remedies with their ultra minute doses are non toxic, absolutely harmless and bring about *safe and sure cure*. Homoeopathic remedies are dynamic agents influencing the body's energy.

Source: K. Healey (ed.) 1998, Issues in Society: Alternative Medicine, Vol. 100, Spinney Press, Balmain, New South Wales, p. 30.