

# Homeopath logs into Limca Book

## Himanshu Upadhyay

HOMEOPATH Rajesh Shah who had set to popularise homeopathy in India and abroad has achieved a record of sorts. For the recent edition of Limca Book of Records credits Dr Rajesh Shah for treating patients in 77 countries!

According to the Limca Book of Records, 2001 Dr. Rajesh Shah, director, Homeopathy India Foundation has treated patients from 77 countries since he started his practice in 1985 in Mumbai. Graduating from Bombay Homeopathic Medical College, in 1984, he began reaching patients' abroad a year later.

His patients are spread worldwide—from the poor families in Ethiopia to the family of the former US President. Besides visiting countries on teaching assignments, Dr Shah has contributed articles in international journals. The Internet has played a major role in bringing the patients closer to Dr Shah, through the Homeopathy Information cell, a unique interactive service on the World Wide Web.

The Shah couple have their consultation clinic at LBS Marg, Ghatkopar (W).

Having completed his doctor-

ate in homeopathy from CPM Homeopathy Medical College, under Bombay University, Dr Rajesh initially began his practice in Mumbai besides visiting London regularly. Students of alternative medicine in countries like Great Britain, USA, Belgium, Holland, Greece, Sweden, Ireland, and Norway etc. look forward to his visits. Directors of Homeopathy India Foundation and the Foundation for Homeopathy Research, Dr Rajesh Shah has authored a book My Experience with Ferrum Metallicum in 1992.

On being asked how he felt for having notched a record, he replies, "Initially it gave me a sense of achievement when I realized that patients came to me from over 77 countries. However, my responsibility is several folds more as I do realize that the world is bigger than just 77 countries. It is a hard work for me as I consider homeopathy not just a profession but a mission."

His wife, Dr. Rupal is part of the Homeopathy promotion project and handles the cases of children and females in particu-



Drs. Rajesh & Rupal Shah

lar. "It is a great responsibility treating children who suffer from respiratory problems like asthma, where Homeopathy has a great role to play. Asthma in children is common illness not only in India but also in countries like USA, Australia, Sweden and England."

Continues Rupal, "I came across emotional problems amongst the females in the developed countries too which is mainly due to the prevalent culture. Incidents of broken marriages, emotional traumas, work pressure, sexual abuse, child

abuse etc. are more common in which all have some roots in developing chronic diseases in women and children."

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THE TIMES OF INDIA

SATURDAY

MARCH 24, 2001