

Homoeopathy Web sources:

Life Force offers detail information through disease based web sites on the internet, which forms a valuable source for people seeking authentic guidelines on the homoeopathic treatment, from all over the world. Some of them are:

e-homoeopathy.com
classicalhomoeopathy.com
askdrshah.com
lifeforce.in

| | |
|---------------------------|-------------------------|
| urticaria.com | lichenplanus.com |
| leucoderma.com | asthmaticbronchitis.com |
| nephroticsyndrome.com | chlalazion.com |
| hairfalling.com | e-hepatitis-c.com |
| e-psoriasis.com | savetonsils.com |
| trigeminalneuralgia.us | ulcerativecolitis.us |
| irritablebowelsyndrome.us | underactivethyroid.com |
| fissure-in-ano.com | prostatitis.com |
| eczematreatment.us | frequentcolds.com |
| migrainetreatment.us | skin.ae |
| anxietyneurosis.com | frequentcolds.com |
| cervicalspondylitis.us | atopicdermatitis.us |
| gerdtreatment.us | anxietyneurosis.com |

LifeForce
H O M E O P A T H Y

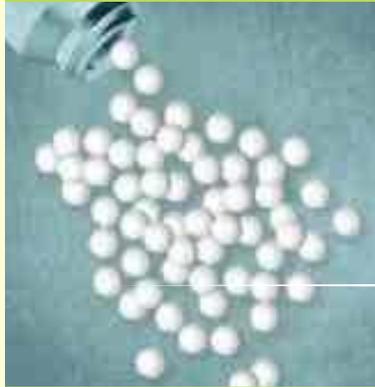
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Homoeopathy for Family Physicians

By Dr. Rajesh Shah



World's first
ISO 9001:2000 Certified
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H O M E O P A T H Y

Welcome to new and modern face of homoeopathy!



There is growing interest about homoeopathy amongst the doctors of conventional medicine all over the world.

The time has come when the doctors of any faculty simply cannot keep their patients away from the benefits of homoeopathy, as there is increasing demand from the patients about homoeopathy.

Homoeopathy as you probably are aware is the youngest of all medical sciences prevalent today, introduced in Germany by an allopath Dr. Samuel Hahnemann, M.D., in 1794.

Homoeopathy has evolved over the period into an amazingly effective medical faculty, with well defined and structured treatment protocol, which now allows the general practitioners to extend the benefits of homoeopathy to their patients.

Why should homoeopathy be considered modern?

The hardcore principles and the medical philosophy make homoeopathy modern in its approach, which can be summarized as under:

1. Totalistic approach: Understanding any patient, especially with chronic disease by evaluating following parameters: Disease pathology + Physical constitutional tendencies + Mental attributes + Genetic tendencies + Environmental factors + Life style factors

2. Treat the patient, not just the disease: Above stated parameters are often studied by many systems of medicine. Interestingly, homoeopathy is the only system where the prescription is based on the sum of the multifactorial totality. This *tailor made medicine*, instead of disease specific medicine makes homoeopathy modern in its outlook.

3. Micro dose, Mega effect: The infinitesimal

dose used in the homoeopathic medicine with the capacity to treat deep seated chronic diseases brings homoeopathy to *yet to explore* area of research. One day, the small dose wonder is likely to open new horizons for the entire medical field.

4. Proven efficacy in treating chronic disease:

The challenge of treating chronic diseases is known to the medicos. Homoeopathy has gained remarkable mileage in this sector, which makes the science of homoeopathy modern.

5. Unexplored Research horizons One of the signs of modernity is the in-built scope for research and development. Homoeopathy being young science enjoys tremendous potential for research and hence for growth, with regards to the mechanism of action, the modus operandi of the micro dose.

How does homoeopathy work?

Homoeopathy is based on the *Law of Similars*, the concept similar to the vaccinations. In fact, the whole idea of vaccination which you practice is based on the homoeopathic principle. However, homoeopathy goes a step beyond, whereby the medicines are used more curatively rather than just preventive. The homoeopathic medicines, as do the vaccines, are understood to be working at the immunological level, by triggering the natural immune response of the body. The exact mechanism of this immunomodulation yet remains ill-explained.



What are the sources of homoeopathic medicines?

Six major sources: a. Plant kingdom b. Minerals and chemicals c. Animal products d. Bacteria and viruses e. Hormones f. Diseased tissues.

How are the medicines prepared?

One milligram of original drug substance (say, Belladonna alkaloid) is mixed with 99 ml of alcohol to undergo a process of powerful shaking called potentization to

arrive to what is called as Belladonna 1c power (1:100). Again, 1 ml of the Belladonna 1c is mixed with 99ml of alcohol to undergo the same process of potentization, to arrive to Belladonna 2c (1:10000). The process is repeated to arrive to Belladonna 30c (1×10^{-60}), 200c (1×10^{-400}),... The infinitesimal dose is used to stimulate the body's healing powers. The medicines thus prepared, about 2500 of them, are evaluated for their effects on healthy human beings to decide on their therapeutic indications.

Areas of interest for allopathic doctors

Homoeopathy offers interesting solutions to the practitioners of allopathic fraternity, especially when it comes to treating patients with chronic diseases. Chronic diseases form a niche area for homoeopathy.

Here is a reference guide on some of the common diseases for which the homoeopathic treatment is strongly recommended. The limitations of homoeopathy have also been referred to. It may be noted that such a listing cannot be complete. It simply forms a guideline; the prognosis may vary from case to case.



Dermatology

Effective: Urticaria, Lichen Planus, Eczema, Vitiligo, Psoriasis, Warts, Alopecia areata, Hair falling. Acne vulgaris

Ineffective: Extensive vitiligo, Hypermelanosis, Baldness

Paediatrics

Effective: Frequent Cold and Cough, childhood Asthma, Frequent Tonsillitis, Adenoids, Allergies, Chronic diarrhoea, Enuresis, Dyslexia, most chronic functional disorders,



Suggested as complementary: Nephrotic syndrome, ADHD, Autism, GB syndrome

Ineffective: Hyperpyrexia, Acute Epilepsy, Severe acute infections



Gastrointestinal

Effective: Chronic and recurring Gastritis, Peptic Ulcer, GERD, Ulcerative Colitis, IBS, Hepatitis A, B

Suggested as complementary: Hepatitis C, Cirrhosis of Liver, Crohn's Disease,

Ineffective: Acute abdomen, truly surgical pathology

Surgical Conditions

Effective: Fissure-in-ano, Piles (Grade I, II), Adenoids, Frequent Tonsillitis, Vocal cord polyp, Nasal polyp, Chalazion, Benign Prostatic Hyperplasia (BPH), Fibroadenoma of breast



Ineffective: Truly surgical diseases such as hernia, Hydrocoele, large tumours, cancerous growth, mechanical problems (intussusception, etc), Large calculi



Neurology

Effective: Trigeminal Neuralgia, Chronic neuritis, Peripheral neuropathy

Suggested as complementary: Muscular Dystrophy, G.B.syndrome, Myasthenia Gravis, Alzheimer's Disease

Ineffective: CVA, Parkinson's Disease

ENT and Respiratory disease

Effective: Allergic Rhinitis, Frequent cold, Recurrent Sinusitis, Recurrent Tonsillitis, Bronchial asthma, Chronic Bronchitis, Allergic cough



Moderately effective: Bronchiectasis, COPD

Ineffective: Pleural effusion, Status asthmaticus, Severe infection



Psychiatric disorders

Effective: Anxiety disorders, Depression, Insomnia, Phobia

Moderately effective: Obsessive Compulsive

Neurosis

Ineffective: Schizophrenia, Psychosis

Infections

Effective: Recurring infections, Viral infections, Hepatitis A,B,C, Resistant Tuberculosis, Recurrent U.R.T.I., Chronic sinusitis, Recurrent Otitis media



Ineffective: Severe acute bacterial infections, Cerebral malaria, Bronchopneumonia, Enteric fever



Others

Effective: Allergies, Migraine, Cancer pains, Rheumatoid arthritis, Cervical spondylitis, Amoebiasis, Metabolic

disorders, Immunologically mediated disorders, Autoimmune diseases.

Suggested as complementary: Cancer, Ankylosing spondylitis, Glaucoma, DUB, Infertility

Ineffective: Uterine fibroids, Thyrotoxicosis, Multiple GB calculi, V aricocoele, Retinal Detachment, Optic Nerve atrophy, Cataract, Testicular atrophy.

Welcome to Life Force



Life Force Center is amongst the largest homoeopathic clinics in Asia, not only in terms of its size but by its stature. Life Force is an outcome of Dr. Rajesh Shah *M.D.(Hom.)* and Dr. Rupal Shah's *M.D.(Hom.)* intense commitment to the homoeopathic profession since 1985. Dr. Rajesh Shah, the CEO of Life Force, was Honorary Lecturer with CMPH Medical College (under Bombay University) and Honorary Consultant with Mumbadevi Hospital, is now engaged into teaching internationally .

The mission at Life Force is to set international standards of homoeopathic practice. The practice, which is enriched by scientific work, backed by facilities for patient education, counselling and professional infrastructure. Life Force works in the area of research, working on the development of newer molecules. Life Force treats patients from over 110 countries at this point, which is an established World Record since 2000. Life Force also offers training to homoeopathic and allopathic doctors from around the world.

Life Force has pioneered the long distance treatment protocol, which facilitates patient referral from anywhere in the world for homoeopathic treatment, using the internet. Now, non-availability of a locally available professional homoeopath is no more a limitation to your patients. Life Force brings the benefits of homoeopathy to your patients from *anywhere in the world.*

